



SOOKE MINOR HOCKEY

# 2007 BANTAM 'A'

*BC HOCKEY*

*PROVINCIAL CHAMPIONSHIPS*

*Come share the experience.....*



SOOKE MINOR HOCKEY

BC HOCKEY  
2007 BANTAM 'A'  
PROVINCIAL CHAMPIONSHIPS  
MARCH 18 ~ 20th, 2007

Hosted By: SOOKE MINOR HOCKEY ASSOC.  
C/O 2375 French Road North  
Sooke, BC V0S 1N0

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Email:

Julie Lafontaine  
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[jlafontaine@shaw.ca](mailto:jlafontaine@shaw.ca)

COACHES' / OFFICIALS MEETING:

Saturday, March 17<sup>th</sup>, 2007  
Sooke Community Hall  
Lower  
5:30pm



SOOKE MINOR HOCKEY

*Welcome to the Sooke Minor Hockey*

**BC HOCKEY PROVINCIAL CHAMPIONSHIPS  
BANTAM 'A'**

*Host Association*

Sooke Minor Hockey Association

March 18<sup>th</sup> ~ 20<sup>th</sup> , 2007

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SOOKE MINOR HOCKEY

### 1. LIST OF COMMITTEE CONTACTS

President Sooke Minor Hockey  
Dave Bertoia 250-642-5144

Tournament Co Chairs:  
Sue McDonald 250-642-2594  
Julie Lafontaine 250-216-4241

### Tournament Committee Members

Ken & Lynda Radcliffe  
Dave & Darcy McClimon  
Linda Soloshy  
Alicia Thompson  
Doni Eve

Barry & Christina Sullivan  
Julia Gibb  
Laurie Chandler  
Alec & Rose Kirk  
Deb Johnston

### **Emergency Services**

#### GREATER VICTORIA HOSPITALS:

Hospital	Address	City	Telephone
Victoria General Hospital	1 Hospital Way	Victoria BC	(250) 727-4212
Saanich Peninsula Hospital	2166 Mt Newton X Rd	Saanichton BC	(250) 652-3911

#### Medical Clinics:

Hospital	Address	Telephone	Clinic Hours
Evergreen Medical Centre	6660 Sooke Rd	(250) 642-3913	Tues/Wed 5PM – 8PM Sat/Sun On Call**
Harbour Family Medical Clinic	6625 B Sooke Rd	(250) 642-4233	Mon/Thurs 5PM – 7:30 Fri 3PM – 5:30 Sat/Sun 9AM – 12:30**
St Anthony's Medical Clinic	582 Goldstream Rd	(250) 478-6242	M – F 9AM – 8PM Sat 9AM – 7PM Sun 10AM – 6PM
Colwood Medical Treatment Centre	102-1910 Sooke Rd	(250) 478-8833	Everyday 9AM – 9PM



## 2. “Our Town”

SOOKE MINOR HOCKEY

### Welcome to the District of Sooke

Located on Vancouver Island, the District of Sooke is a short 35-minute drive from downtown Victoria, the Capital City of British Columbia. The newly incorporated community's residents enjoy a relaxed, casual lifestyle in a rural setting that also affords many of the amenities of city life.

Sooke's once resource dependent economy has shifted focus to include many home-based businesses, a commercial core, and a bustling tourism sector which annually entertains thousands of visitors from throughout the world. Sooke is the gateway to numerous ecotourism adventures as well as the West Coast Trail, Juan de Fuca Marine Trail, and Galloping Goose Trail.

Dozens of local bed and breakfasts as well as motels and campgrounds offer accommodation, and those looking to take advantage of local fishing opportunities will find what they need from marinas and fishing charter guides.

Sooke enjoys some of the mildest climate in western Canada, with warm and dry summer months, and wet, mild winter months, allowing residents and visitors alike to enjoy many amenities such as a golf course, Sooke Potholes Provincial Park, skateboard park, arena and aquatic center, museum and visitor information center, and much, much more.

Many talented artists and craftspeople create beautiful works from both home-based studios and galleries in the commercial core. Each year they open their studio doors for a glimpse inside during the Sooke Studio Tour.

The volunteer spirit pulls residents together for numerous special events like the annual All Sooke Day logger sports competition and Sooke Fine Arts, the Island's largest juried art show. But that volunteer spirit doesn't end with special events. Hundreds of residents share their time and talents with dozens of community groups offering something special to their fellow residents.

Visitors to our community have the opportunity to enjoy the beauty the Sooke region has to offer, one main reason so many are proud to call Sooke home.



SOOKE MINOR HOCKEY

## ... a little history

### "Where the Rainforest Meets the Sea"

by Elida Peers

Ideally situated alongside a salmon river within a sheltered harbor, the T'sou-ke peoples were the envy of many first nations tribes in less favored regions. With clams in abundance along the seashore, game in the forests, roots and berries to harvest and ducks to net, the T'sou-kes had plenty to augment their staple diet of salmon. The name T'sou-ke is said to be that of a stickle back fish found at the river mouth; an early chief is pictured c.1860's.

When the Hudson's Bay Company's fur trading fort was established at Camosun (now Victoria) in 1843, European immigration and land acquisition followed. The first independent immigrant to purchase land in the new colony of Vancouver's Island, at Sooke harbor in 1849, was Captain Walter Colquhoun Grant of the Royal Scots Greys. A cairn in his memory was erected in 1958, for B.C.'s Centennial.

When Grant returned to Britain in 1853, he left his holdings to the John and Anne Muir family who had also sailed from Scotland to Vancouver's Island in 1849. Commissioned by the Hudson's Bay Company to look for coal, the Muirs went first to Fort Rupert, but by 1851 had taken up land at Sooke. This couple with their four sons and a daughter, were to have enormous impact on the area's development.

While Grant built a water-powered sawmill, he is best-remembered by the brilliant yellow blossoms from Scottish broom seeds he planted, blossoms which have now spread from Alaska to California. It was the Muirs who established lumber markets ranging from nearby San Francisco to South America, the Sandwich Islands (Hawaii) and Australia.

The Muirs had a steam sawmill operating by 1855, established a productive farm, and built a number of ocean going vessels. In 1884 the sons built three fine stately homes, two of which still stand, Woodside and Burnside. People from the T'Sou-kes worked at the sawmill, at the barrel stave production, and at gathering bark for the tanning industry. Other families to become prominent in Sooke's early immigrant history were the Brule and Poirier groups, originally from Quebec, who arrived in Sooke through following the trail of the fur trade. It had been the developing of a forest industry that had stirred both Grant and Muir, and the Muir forest enterprise was to reign until 1890.

Early in the 1900's a series of commercial fish traps, with piles driven into the ocean floor and webbing designed to intercept the salmon, were to become the mainstay of Sooke's economy. It was mid-century before the fleets of independent fish boats put an end to the "fishtrap" industry.

During the early 1900's the vast rainforests in the area's watersheds attracted the interest of far-off businessmen, and the logging of the mighty Douglas-fir, red cedar, Sitka spruce and hemlock began in earnest. Long before the days of modern technology, a ten horse team is shown hauling a massive log, 1920's. Until a decade ago, it was the harvesting of the rainforest that built the economy of the district, and fed the coffers of the province.



SOOKE MINOR HOCKEY

### 3. Provincial Championship Itinerary

*Welcome to the 2007 Bantam 'A' Provincial Championships*

- Mar 17<sup>th</sup>** ~ *Teams arrive on Vancouver Island*  
**5:30 pm** ~ *Referees' and Officials' Meeting*  
*Registration, Accreditation, Photo ID's*
- 7:00 pm** ~ *Logging Show begins*
- 8:00 pm** ~ *Salmon Dinner (or Lasagna)*
- Mar 18<sup>th</sup>** ~ *Provincial Championships begin*  
**8:00 am** ~ *Game # 1*
- 7:30 pm** ~ *Opening Ceremonies at Seaparc Leisure Complex*  
**8:00 pm** ~ *Final game of Day 1*
- Mar 19<sup>th</sup>** ~ *Day 2 Provincial Championships*  
**8:00 am** ~ *Games begin*
- Mar 20<sup>th</sup>** ~ *Day 3 Provincial Championships*  
**8:00 am** ~ *Games begin*
- 5:00 pm** ~ *Championship Game*
- 8:00 pm** ~ *Closing Ceremonies*

**\*\*Players Free!**

*(Up to 4 team officials  
invited to Banquet at  
No Charge!)*

## *Sooke Community Association*

### Convention Entertainment

#### Logging Show and Dinner

**Family & Friends  
Welcome!**

*(\$15.00 per person for  
'non-team officials')*

**Sooke Community Association, which was born of community volunteer spirit more than sixty-five years ago has supported cultural, athletic and community activities by providing grounds, buildings and financial aid. That original spirit has carried on through the years, and today everything is still done by volunteers. First priority of the Association was a Community Hall, built by volunteers in 1937. It was built with basketball in mind, the sport of the day. Since then the Association has acquired various properties throughout the Sooke area to support on going sports activities.**

Convention Entertainment in the form of our Logging Show and Dinner has supplemented these activities through the years.



The evening begins with an hour-long logging sports show. Axes are wielded and saws buzz in competitions, displaying antiquated, complemented with, modern techniques.

**Marvel at the logger's dexterity and precision as they produce a unique designer chair with a whirring chain saw.**

**Entice your appetite with the aroma of sizzling salmon viewed at our barbeque pit. View our cooks expertly preparing your salmon to perfection. Savour the taste of our traditional dinner prepared by our volunteers.**

#### **Show:**

Starts approximately 7:00 pm and lasts about an hour, and includes contests involving the audience.

#### **Dinner:**

To start at approximately 8:00 pm

- BBQ Salmon
- Lasagna
- Shrimp with Cocktail Sauce
- Potato Salad
- Coleslaw
- Clam Chowder
- Dessert and Tea and Coffee
- Non-Alcoholic beverages



*Complimentary\*\* dinner for players, and up to 4 team officials.*

**Mandatory** for all team members to attend

Families, & Fans of teams are also welcome.



Event, including Dinner,  
**\$15.00 per person**

*(includes GST)*





## 5. ACCOMODATIONS LIST

SOOKE MINOR HOCKEY

**Blackfish Inn** 2440 Blackfish Road, Sooke, BC **250-642-6864**

This lovely retreat can accommodate your whole hockey team !!! The house has 9 bedrooms, the cabin has 2 bedrooms, and each has its own kitchen (guests have freedom to cook own meals as no meals are provided in room rate). This entire B&B has been reserved for our hockey championships, but you must phone Wilma and Bud directly to confirm for your team (the early bird gets the worm!). The cabin is available March 17-22 (\$125/night), the house March 18-22 (\$300/night). No credit cards accepted, so call Wilma and get your deposit to her ASAP!

<http://www.solutions-4u.com/blackfish/>

**Arbutus Cove Guesthouse & Cottage** 3018 Manzur Road, Sooke, **250.642.6310**

One of Vancouver Island's premier waterfront resorts, located on 5 acres & 1500 of walk on waterfront. The guest house has 3 bedrooms, living room and deck, the cottage has a living room with queen sofa bed, bedroom with queen bed, dining room, kitchenette. Call Mike or Kathy Hicks for more details, and mention the Sooke Bantam Provincials. **1-800-580-0026**

**Gordon's Beach Farm Stay** 4530 Otter Point Rd, Sooke, BC **250-642-5291**

A five minute drive from Seaparc Leisure Complex/Arena. They have 4 rooms, some being suites, plus a self-contained cabin. Room rates average \$95/room/night, and the cabin \$110. Extra people would be charged \$15 each for breakfast. They have extra cots and mattresses.

<http://www.gordonsbeach.com/>

**Ocean Wilderness Inn & Spa** 9171 West Coast Rd, Sooke, **1-800-323-2116**

A 10 minute drive from Seaparc Leisure Complex/Arena. They have 9 rooms; can offer extra cots in rooms. Could likely accommodate a whole team. Rate for a whole group would be negotiated when you book.

<http://www.oceanwildernessinn.com/index.shtml>

**Gibby's Fishing Charters & Oceanfront Accommodations**

91 Seagirt Rd. East Sooke, BC Contact Melanie: **250-642-7007**

Watch the sunset from the wharf, while taking in the resident marine life, this lovely private suite is a separate building with accommodation for 5 people\* see neighbouring "Tides of Seagirt B & B" on the same road, enough room for a group. They are located around the other side of the Sooke Basin, about a 20 minute drive from Seaparc Leisure Complex/Arena

<http://www.gibbysfishingcharters.ca/index.asp>

**Tides of Seagirt B&B and Fishing Charters**

75 Seagirt Road in East Sooke Contact Norm **1-888-430-7456**

A lovely oceanfront B & B also located around the other side of the Sooke Basin, about 20 minutes drive from Seaparc Leisure Complex/Arena. It is a separate building with 3 guest rooms, offers fishing charters as well as great accommodations and group rates. Call Norm 250-642-1998.

\*\*\*Located on same road as "Gibby's" listed here.

<http://www.sookebnb.bc.ca/>

**Seascape Inn** **250-642-7677 or 1-888-516-8811**

6435 Sooke Road, Sooke (within walking distance to Seaparc Leisure Complex/Arena Just minutes from town, this wonderful Inn has a cabin, a cottage, a 3 bedroom vacation home, and another suite inside the main house, and could house a whole team between them.

[www.sookebandb.com](http://www.sookebandb.com)



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**Salty Towers Oceanfront Retreat**

**250-642-2639 1-866-642-2632**

1581 Dufour Road, Sooke

Enjoy spectacular views from romantic and luxurious oceanfront cottages.

Private hot tubs, fireplaces, kitchenettes, private wharf. Located at the end of Wiffin Spit Rd.

approximately 7 minute drive from Seaparc Leisure Complex/Arena.

Has a suite, a cottage, and a cabin.

[www.saltytowers.com](http://www.saltytowers.com)

**Linda's Place**

**250-882-2010**

2387 Cedar Ridge Drive, Sooke

This is a private home, a 1500 sq ft **guest suite** on the main floor of the house, containing 3 bedrooms, a full kitchen, one full bathroom, a living room, and den. There are 3 double beds (one is a sofa bed) and 4 singles (including a set of bunk beds). Full kitchen privileges for all your meals. Sleeping bags on the floor are ok, we have a couple of air mattresses. Linda is on the Sooke Minor Hockey Association executive and is offering this suite for use for Provincials. Rates to be negotiated. Call Linda directly at 250-882-2010.

**CABINS FOR RENT in Sooke area:**

Visit our local website <http://www.victoriabc.ca/sooke/vacationhomes.htm> for a complete listing.

**CAMPING:**

Bring your motor homes and truck/camper units, or check out the rustic cabins available at these Sooke area campsites. Groups are welcome at these sites:

**Sooke River Flats Campsite**

**642-6076**

email them at [camping@sookecommunity.com](mailto:camping@sookecommunity.com)

\*\*\*Located right next to the Seaparc Leisure Complex/Arena Sooke

**HOTELS:**

The following hotels in **Victoria** (between 20 and 45 minutes drive from Sooke) have been contacted by our Accommodations Committee, and had rooms available for our group when contacted

**Holiday Inn** – 3020 Blanshard Street, \$109/room/night, plus taxes. Restaurants nearby and is in the heart of downtown Victoria.

**Sandman Hotel** – 2852 Douglas Street, 250-388-0788 rooms under \$100/night, also has suites and caters to families. Located by restaurants and is in the heart of downtown Victoria.

**Howard Johnson Hotel & Suites** 4670 Elk Lake Dr. 866-300-4656

Victoria's closest hotel to the Butchart Gardens. Heated outdoor pool, meeting and banquet facilities. [www.hojovictoria.ca](http://www.hojovictoria.ca)



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## **6. LIST OF MERCHANTS within SOOKE & AREA**

### **FOOD & DRUG STORES:**

#### **VILLAGE FOOD MARKETS**

6661 Sooke Road  
Sooke, BC V0S 1N0  
Phone: (250) 642-2734  
**OPEN MON - SUN 8 AM TO 9 PM**

#### **WESTERN FOODS**

Evergreen Centre  
6660 Sooke Road  
Phone: (250) 642-4134  
**OPEN MON - SUN 8:00 AM - 9:30 PM**

#### **PEOPLES DRUG MART**

6716 Sooke Road  
Sooke, BC V0S 1N0  
Phone: (250) 642-2226

#### **SHOPPERS DRUG MART**

9-6660 Sooke Road  
Sooke, BC V0S 1N0  
Phone: (250) 642-5229

## **7. PLACES TO EAT**

### **Quick & Easy:**

#### **Sooke 2 For 1 Pizza**

*Pizza, Italian, Greek*  
# 6 - 6660 Sooke Rd (Evergreen Centre)  
Phone: 250.642.3312  
*Sun to Tues 4 PM - 10 PM,  
Wed to Sat 11 AM - 10:00 PM*

#### **Subway Sandwiches & Salads**

*Deli / Sandwiches, Soup*  
6660 Sooke Rd. (EvergreenCentre)  
Phone: 250.642.5699  
*Mon - Thur 7 AM - 10 PM, Fri 7 AM - 11 PM,  
Sunday 9 AM - 9 PM*

#### **Willie Blues Snack Shop**

*Pizza, Deli / Sandwiches, Cafe / Coffee Shop*  
#5 - 6631 Sooke Rd  
Phone: 250.642.7975

#### **Pizzability**

*Pizza, Italian*  
6649 Sooke Road  
Phone: 250.642.7888  
*Sun - Fri, 4pm - 9pm, Sat, 4pm - 10pm*

### **Coffee Shops:**

#### **The Reading Room**

*Bookstore, coffee shop/Café*  
6661 Sooke Road  
Evergreen Centre  
642-3964

#### **Casa Marie's**

*Coffee Shop*  
6527 Sooke Road

#### **Serious Coffee**

*Coffee Shop*  
6660 Sooke Road



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### **Fast Food:**

#### **McDonald's**

6661 Sooke Road

#### **A & W**

6660 Sooke Rd (Evergreen Plaza)

### **Family / Pub Style:**

#### **My-Chosen Cafe**

*Family, Licensed Dining*

4492 Happy Valley Rd.

Phone: 250.474.2333

#### **Mulligans Bar and Grill**

*Bar / Pub / Brewery, International, Family*

2197 Otter Point Rd

Phone: 250.642.2334

#### **Castle Kitchen**

*Canadian, Family, Bar / Pub / Brewery*

6309 Sooke Rd (Located in the Sooke River Hotel)

Phone: 250.642.5722

*Daily for Lunch, 11 AM - 3 PM, Fridays 11 AM - 8 PM*

#### **Fish Trap and Pub Style Grill**

*Seafood, Fast Food, Bar / Pub / Brewery*

6688 Sooke Rd.

Phone: 250.642.3474

#### **17 Mile House Pub**

*English Pub*

5126 Sooke Rd

Phone: 250.642.5942

#### **Mom's Cafe**

*Family, Take-Out*

2036 Shields Road

Phone: 250.642.3314

*Daily from 8:00 AM*

### **ASIAN / Oriental :**

#### **Sushi on the Sea**

*Sushi*

6669 Horne Rd, Wharf

Phone: 250.642.6650

*Friday and Saturday, 6pm-12am  
(reservations recommended)*

#### **Yen's Kitchen**

*Chinese, Take-Out*

6309 Sooke Road (At the Sooke River Hotel)

Phone: 250.642.3111

*Monday to Thursday, 4 PM - 11 PM, Friday  
and Saturday 4 PM - 1:00 AM, Sunday 4 PM -  
9 PM*

#### **King Village Restaurant**

*Chinese, International*

6676 Sooke Rd.

Phone: 250.642.5911

*Winter Hours; Monday to Thursday, 11 AM to 9 PM*



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### **Fine Dining:**

#### **Sooke Harbour House**

*Fine Dining, Pacific Northwest, Eclectic*  
1528 Whiffen Spit Road  
Phone: 250.642.3421  
Daily, 5 PM - 10 PM

#### **Point no Point**

*Fine Dining, Tea House, Pacific Northwest*  
10829 West Coast Road  
Phone: 250.646.2020  
Lunch Daily, 11:30 AM - 3:00 PM, Afternoon  
Tea, Daily 2:30 PM - 4:00 PM, Dinner, Wed -  
Sun 5:30 PM - 8:00 PM

#### **Markus' Wharfside Restaurant**

*Fine Dining*  
1831 Maple Ave. South  
Phone: 250.642.3596  
Reservations recommended

#### **"New"!**

#### **Stone Pipe Grill**

2038 Otter Point Road  
Phone: 250.642-0566

#### **Fuse**

5449 Sooke Road

### **Sweet Treats & Bakery:**

#### **Little Vienna Bakery**

*Bakery, Deli / Sandwiches, Soup*  
#6 - 6726 West Coast Road  
Phone: 250-642-6833  
Tuesday to Saturday 8 AM - 5 PM, Closed  
Sunday and Monday

#### **Otterpoint Bakery and Tea Room**

*Bakery, Tea House, Fine Dining*  
#7 - 6717 West Coast Rd  
Phone: 642-1825  
Tuesday to Saturday 7 AM - 6 PM, Closed  
Sunday and Monday

**What goes best with PIZZA? ... a movie!**

#### **Movie Gallery**

1440-6660 Sooke Rd (Evergreen Centre)  
Phone: 642.6606

#### **Video to Go**

6633B Sooke Rd  
Phone: 642.6633

#### **Hollywood Video**

107-6661 Sooke Rd  
Phone: 642.0492

**For those last minute 'Sooke Momentos' ... or gift for Grandma!**

#### **Sooke Harbour House Art Gallery**

1528 Whiffen Spit Rd  
Phone: 642.3421

#### **Harbour Crafts, Art & Gifts**

6734 West Coast Road  
Phone: 642.5454

#### **Only Deals** (...your local dollar store)

1420-6660 Sooke Rd (Evergreen Centre)  
Phone: 642.6262  
Open 7 days a week



## Food for the Soul

SOOKE MINOR HOCKEY

*Let's 'Pamper Mom' ... she deserves it!*

### Sharky's Hair Shoppe

6596 Sooke Road  
Phone: 642-2999

### Le Sooke Spa / Body Wellness Techniques Ltd.

2915 Otter Point Rd  
Phone: 642-7995

### Fully Alive Lifestyles Inc

2364 Otter Point Rd  
Phone: 642-3654

### Pure Elements Hair Design & Bodyworks Ltd.

6689 Goodmere Rd  
Phone: 642.6452

*Dad needs lovin' too!*

### Duffy's Salmon Charters

5789 Sooke Rd  
Phone: 642-5789

### DeMamiel Creek Par 3 Golf Course

6518 Thrup Rd.  
Phone: 64-.2500  
*Open 7 days a week*

## 8. REALTORS

### **ROYAL LEPAGE CANADA**

101-6661 Sooke Rd.  
Ph: (250) 642-6361  
Fax: (250) 642-3012  
Toll Free: 1-800-461-5353  
[westshore@pembertonholmes.com](mailto:westshore@pembertonholmes.com)

### **PEMBERTON HOLMES**

2 – 6716 West Coast Rd.  
Ph: (250) 642-3240  
Fax: (250) 642-7463

[coastcapital@royalpage.ca](mailto:coastcapital@royalpage.ca)

### **RE/MAX CAMOSUN (WESTSIDE)**

2042 Otter Point Road  
Sooke, BC V0S 1N0  
Ph: (250) 642-3252  
[remaxcam@vreb.bc.ca](mailto:remaxcam@vreb.bc.ca)



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## **9. LIST OF SKATE SHARPENING & SPORTS STORES**

### **[Seaparc Leisure Complex](#)**

2168 Philips Road  
Phone: 642-8000  
Skate Shop

### **[Sports Traders: Victoria Location](#)**

508 Discovery St.  
Victoria BC  
250.383.6443 or  
1.800.792.3111

### **[Sports Traders: Westshore Location](#)**

101-1810 Island Highway  
(Colwood)  
Phone: 250.478.6299

### **[Marks Sports Centre](#)**

262 Old Island Hwy  
Victoria, BC  
Phone: 250.380.2444

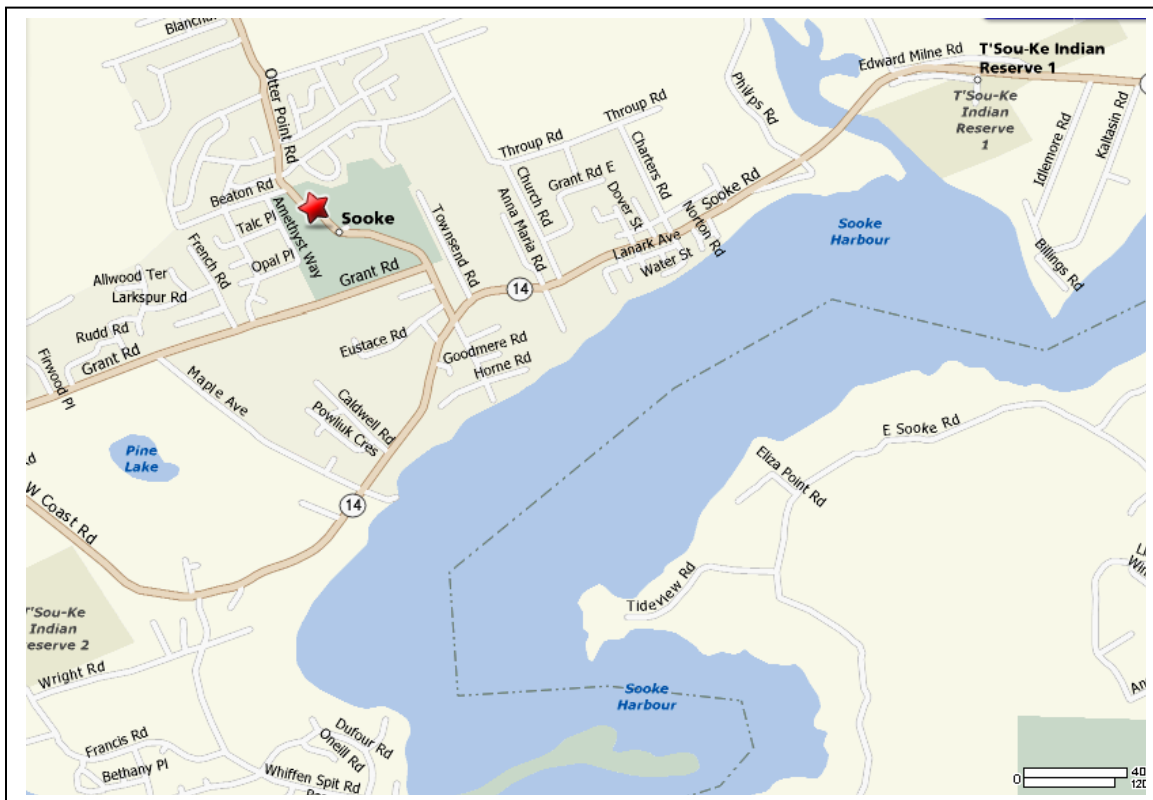
### **[Kirby's Source for Sports](#)**

894 Cloverdale Avenue  
Victoria, BC  
Phone: 250.480.5030



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## 10. MAP OF SOOKE



★ *Please note: the star in the above map denotes the “District of Sooke Municipal Hall” & not the Arena. A more detailed map will follow in your package by mail.*



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## 11. SOOKE SIGHTS & ATTRACTIONS

### Cultural Venues & Attractions

#### Art Galleries:

##### Sooke Harbour House Art Gallery

1528 Whiffen Spit Rd

Phone: 642.3421

*Daily guided Garden tours with art display in the Edible Gardens.*

*Gallery open daily for self-guided tour.*

##### Sooke Fine Art Gallery

6790 West Coast Road

Phone: 642.6411

##### Exhibit Room III

2050 Drennan Street

Phone: 642-7176

*Features the fine fibre works of Sheila Beech including her famous Gnome Knocker slippers.*

##### Blue Raven Gallery

1971 Kaltasin Rd

Phone: 881.0528

*Extraordinary collection of limited edition prints, as well as wood and stone carving, gold and silver jewelry and clothing.*

##### South Shore Art Gallery

2050 Otter Point Rd

*Displaying a fine collection from Vancouver Island artists including pottery, wearable art, paintings and art cards.*

##### Shards Glass Studio

3809 Otter Point Rd

Phone: 642.7424

*Fused, hot, and sculpted glass is used to create striking glassware and stained glass items..*

##### Otter Point Gallery & Studio

4565 Otter Point Rd

Phone: 642.5555

*Glenys Marshall-Inman has been creating functional and decorative pieces for 30 years*



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## **Museums:**

### **Sooke Region Museum and Visitor Infocentre**

Corner of Sooke and Phillips Road

Phone: 642.6351

*Learn of the First Nations people in Sooke as well as Spanish explorers and the early pioneers of the area.*

## **Natural Attractions:**

### **Whiffen Spit Seaside Park**

End of Whiffen Spit Road

*This 1200 metre long spit of land, caused by nature but reinforced by man, protects Sooke's harbour. Walk the grass and gravel area to appreciate the ocean without stepping off land. The strong winds create dramatic waves that crash on the shore. Open every day from dawn to dusk.*

### **Sooke Potholes Provincial Park**

End of Sooke River Road

*All year hiking, watching the salmon spawning in the fall and picnicking in warm weather are enjoyable activities at this provincial park. On a hot summer day, it is refreshing to swim in the potholes, formed by thousands of years of erosion by the Sooke River. Basic day use amenities exist in the park.*

## **Specialty Attractions:**

### **Tugwell Creek Honey Farm & Meadery**

8750 West Coast Road,

(250) 642-1956

*Tugwell Creek Meadery is open for tastings and self guided tours April 1<sup>st</sup> through October 21<sup>st</sup>. Wednesday through Sunday from 12pm - 5pm.*

**Bob Liptrot and Dana LeComte**

info@tugwellcreekfarm.com

### **Ed Mcgregor Park**

6751 Westcoast Road

*Named after the first mayor of Sooke, this waterfront park contains a lovely trail that leads to a children's playground and a splendid tile mosaic crafted by local children. The park plays host to several events throughout the year.*

### **Government Wharf**

Base of Maple Avenue

*This spot is considered a great fishing and crabbing location by locals. Boats can also be moored here.*

### **Galloping Goose Trail**

Along Sooke Basin

*This is an excellent trail to explore on a bike, in-line skates or on foot. Bring your camera as you'll see a wide variety of scenery along the way! Access the trail from Gillespie Road or Sooke River Road.*



SOOKE MINOR HOCKEY

## 12. LIST OF REC CENTRES

### SEAParc Leisure Complex

2168 Phillips Road

Phone: 642.8000

*Stay fit and have fun at this combination public swimming pool and arena.*

### Juan de Fuca Recreational Centre

1767 Island Highway

Phone: 474-8650

*Public swimming pool, skating/curling rinks & tennis courts.*

### Health & Fitness Centres:

#### Odyssey 24 Hour Health & Fitness

6226 Sooke Rd.

Phone: 642.7111

#### Sooke Womens Fitness

1140-6660 Sooke Road (Evergreen Centre)

Phone: 642.7732

#### Sooke Evergreen Physiotherapy Clinic

3-6726 West Coast Road

Phone: 642-4911

*Thank You, we hope you enjoy our town!*